

DDT GUIDE



23-26 NOV 2023
Chiang Dao, Thailand

You may bring whatever you need for the **3 days in the jungle**, but keep in mind that this is all about basic living and impacting the environment in the least way possible. Sometimes, **less is more**.

Leave no trace policy. Everyone takes care of their own trash.

Food & alcohol (reasonable amounts) **are included** in the ticket and will be provided by the hill tribe people:

2x meals a day (lunch and dinner), Snacks throughout the day (fruits and local pastries)
Local wine (made from mulberry and other fruits), locally brewed beer, and Thai moonshine. If you want anything apart from that **feel free to bring your own** - sharing is caring.
Coffee sourced locally

Bring a **big water bottle** to stay hydrated. There will be mountain spring water available straight from the well - some of the cleanest, healthiest water there is.

Bring a **tent, sleeping bag, mat, hammock and/or anything else** you may desire for comfort. **There is no tent rental available**.

Bring a **flashlight** (headlamp works best).

Pack a change of clothes for the 3 days. Long sleeve clothes for when walking through the forest. Sandals/flip-flops to walk through water.

Temperatures: During the day 25-30C and at night 15-18C.

Bring a toothbrush, toothpaste, and any other wash-bag accessory. At the campsite is a clean stream where you can bathe and wash. Bring soap (ideally organic).

There are basic toilets available onsite. Bring wet wipes/toilet paper just in case.

Double Dick Tiger is an experience that lives from the participation of everyone present - explore, discover and ask questions.

SAFETY: First aid kits are available onsite. In case of an emergency, we can take people out of the forest in around 30mins.

Double Dick Tiger